

## **Egg quality characteristics and blood parameters of ISA brown layers fed with cashew (*Anacardium occidentale* L.) pulp meal diets**

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### **Abstract**

Seventy-five (75) point of lay birds (19 weeks) were used for a feeding trial to determine effect of feeding graded levels of cashew pulp meal (CPM) replacement for maize on haematology, serum biochemistry and egg quality parameters of layers. Diets were formulated in which CPM replaced 0, 8, 16, 24 and 32% of dietary maize. The birds were randomly assigned to the five (5) diets in a Completely Randomized Design. Samples of eggs were collected for data collection when birds were 21 to 29 weeks old. Egg parameters measured were; weight, length, width, shell thickness, shell weight, albumen weight, yolk weight, yolk diameter, yolk height, yolk index and Haugh. Blood samples were collected at the end of the trial from two birds per replicate for evaluation of haematological and serum biochemical indices. Results observed for egg weight, egg height and egg shell weight were 50.77-53.39g, 3.15-3.99cm and 6.37-7.02g respectively. For internal quality of eggs, there were significantly ( $P<0.05$ ) differences except for yolk diameter, haugh unit and yolk index. Values for egg content weight, albumen height, yolk height and yolk weight, and yolk Index ranged from 44.53-46.86g, 4.99-5.46cm, 1.59-2.55cm and 11.62-12.88g respectively. All haematological parameters evaluated were significantly ( $P<0.05$ ) different among the treatments except for MCHC. Observed PCV, Hb, RBC, WBC, MCV and MCH ranged from 27.67-30.67%, 9.33-10.30g/dl, 2.55-2.80x10<sup>6</sup>/l, 222.17-246.83<sup>9</sup>/l, 99.50-117.57fl and 33.50-39.97pg, respectively. The results of serum biochemical showed that AST and total protein were significantly ( $P<0.05$ ) influenced by the treatments. Observed values ranged from 95.67-131.67  $\mu$ /l and 4.26-6.13g/dl respectively. It was observed that inclusion of CPM did not compromise the external, internal quality characteristics of eggs and the health of birds even at 32% replacement of maize. Farmers may include replace up to 32% of dietary maize with cashew pulp meal in layer diet.

**Keywords:** Layer, yolk, albumen, haematological, serum, cashew pulp meal

### **1. Introduction**

As world population continues to increase and Africa is at the fore of this growth, with a projected population of 1,308,064,195 billion by 2019 (United Nations World Population Prospect, 2017) [1], the challenge will be that of not just providing food but quality food. Provision of quality nutrition has been the bane of most countries in Africa, including Nigeria whose citizens were reported to consume a meagre 3.2g of animal protein per person daily out FAO's recommended daily intake of 20g (Dafwang, 2006; FAO, 2014) [3, 4]. Poultry is seen largely seen as the fastest means of filling up this gap. Unfortunately, the production of poultry meat and egg at reduced cost is being hampered by feed crisis arising from the need of human for grains which are also required in poultry feed production. In order to address this feed challenge, efforts are being put into evaluating agro by-products that are of less importance to human. One of such is cashew pulp which is obtained after the extraction of cashew juice from cashew fruit. Oyewole *et al.* (2019) [8] observed that dry cashew pulp contained 12.10% crude protein, 6.79% crude fibre, 5.68% ether extract, 55.37% nitrogen free extract and 11.09% ash. The workers recommended that cashew pulp meal (CPM) inclusion in the diets of layers resulted in better egg

production than the control.

Blood (haematological and biochemical) parameters are indicators of the response of animals to stress factors, which may be nutritional, physiological or environmental. In animal nutrition, blood parameters may indicate the safety or otherwise of a test ingredient such as CPM. The feeding trial was therefore conceived to ascertain the safety or otherwise of CPM in the diets of layers.

### **1.1 Objectives of the Study**

The objectives of the feeding trial were to determine effect of feeding graded levels of CPM replacement for maize on haematology, serum biochemistry, and egg quality parameters of layers.

### **2. Materials and Methods**

The feeding trial was conducted at the Livestock Teaching and Research Farm of Kogi State University, Anyigba. Anyigba lies between latitude 7<sup>o</sup>15'N and 7<sup>o</sup>21'E of the equator and longitude 7<sup>o</sup>11'N and 7<sup>o</sup>32'E of the Greenwich meridian with the attitude of about 420m above sea level. The zone is characterized by 6-7 months of average annual rainfall of about 1600mm and the daily temperature ranges between 25 <sup>o</sup>C and 35 <sup>o</sup>C (Ifatimehin *et al.*, 2011).

Cashew pulp was obtained from Anyigba and its environs. The juice in the pulp was expressed with the aid of mortar and pestle, and then decanted. The pulp was afterward sundried prior to milling and inclusion in the diets. Five (5) diets were formulated in which cashew pulp (apple) meal replaced 0, 8, 16, 24 and 32% of dietary maize (Oyewole *et al.*, 2019)<sup>[8]</sup>.

**2.1 Experimental birds and management**

A total of seventy-five (75) point of lay birds (19 weeks) were used for the feeding trial. The birds were randomly assigned to the five (5) experimental diets in a Completely Randomized Design arrangement. Standard management practices were carried out; feed and water were given *ad-libitum*. The birds were also vaccinated against Newcastle disease and de-wormed prior to the feeding trial (Oyewole *et al.*, 2019)<sup>[8]</sup>.

**Table 1:** Gross composition of experimental diets for layers (%)

Ingredient	Level of maize replacement by cashew pulp meal %				
	0	8	16	24	32
Maize	40.55	37.26	34.06	30.82	27.56
Full fat soybean	28.00	28.00	28.00	28.00	28.00
Cashew pulp meal	0.00	3.24	6.49	9.73	12.98
Maize offal	21.00	21.00	21.00	21.00	21.00
Bone meal	5.70	5.70	5.70	5.70	5.70
Limestone	4.00	4.00	4.00	4.00	4.00
Table salt	0.25	0.25	0.25	0.25	0.25
Methionine	0.25	0.25	0.25	0.25	0.25
Vitamin-Mineral premix	0.25	0.25	0.25	0.25	0.25
Total	100.00	100.00	100.00	100.00	100.00
Analyzed Nutrients (%)					
Crude protein	15.38	14.66	15.82	16.12	15.67
Crude fibre	5.19	5.09	5.32	4.18	4.06
Ether extract	6.68	6.32	6.91	6.67	6.29
Nitrogen free extract	57.23	58.40	56.17	57.08	58.40
Ash	7.75	7.56	8.09	7.15	7.11
Dry matter	92.23	92.04	92.33	91.84	91.53

**2.2 Internal and external egg characteristics data collection**

Samples of eggs were collected for data collection when

birds were 21 weeks, 23 weeks, 25 weeks, 27 weeks and 29 weeks old. Egg weight was measured in gram (g), egg shell thickness was measured in millimetre (mm) and shell weight was measured in gram, while egg height and width in centimetre. Albumen weight, yolk weight, yolk diameter, yolk height, yolk index and Haugh unit were all measured as outlined by Oyewole *et al.* (2019)<sup>[8]</sup>. Blood samples were collected at the end of the trial from two birds per replicate and eight birds per treatment. The birds were bled in the morning between 0630-0900 hours to avoid excessive bleeding. Blood samples were collected from the wing vein using sterile disposable needle after the site of collection was sterilized with antiseptic. Specimens for haematological evaluation were collected into EDTA (ethylene diamine tetra acetic acid) treated tubes. The haematological indices determined were packed cell volume (PCV), red blood cell (RBC), white blood cell (WBC), haemoglobin (Hb), means corpuscular volume (MCV), means corpuscular haemoglobin (MCH) and mean corpuscular haemoglobin concentration (MCHC) using standard procedure (Jain, 1986)<sup>[6]</sup>. Samples for serum biochemistry were collected into EDTA free tubes prior to evaluation. Total protein, alanine amino-transferase (ALT) and aspartate amino-transferase (AST) were determined were determined as described by Schalm *et al.* (1975)<sup>[10]</sup>.

**Statistical analysis**

All data collected were statistically analyzed using One Way Analysis of Variance (ANOVA) contained in computer Statistical Software Package for Social Sciences (SPSS).

**3. Results and Discussion**

**3.1 Results**

Table 2 shows the external qualities of egg of birds fed diets containing graded levels of cashew pulp meal (CPM). Of all the parameters measured only average egg weight, average egg height and average shell weight were significantly (P<0.05) different. The values observed for egg weight (EW), egg height (EH) and egg shell weight (ESW) were 50.77-53.39g, 3.15-3.99cm and 6.37-7.02g respectively.

**Table 2:** External quality of eggs of layers fed diets containing cashew pulp meal

Parameter	Level of Cashew Pulp Meal %						SEM	LOS
	0	8	16	24	32			
Average Egg Weight (g)	50.95 <sup>c</sup>	50.77 <sup>cd</sup>	53.39 <sup>a</sup>	52.51 <sup>c</sup>	52.72 <sup>b</sup>	1.82	*	
Average Egg Height (cm)	3.15 <sup>e</sup>	3.75 <sup>d</sup>	3.96 <sup>b</sup>	3.87 <sup>c</sup>	3.99 <sup>a</sup>	0.19	*	
Average Egg Width (cm)	2.76	2.79	2.77	2.79	2.77	0.11	NS	
Average Shell Weight (g)	7.02 <sup>a</sup>	6.44 <sup>bc</sup>	6.51 <sup>b</sup>	6.40 <sup>cd</sup>	6.37 <sup>bc</sup>	0.41	*	
Average Shell Thickness (mm)	0.63	0.64	0.58	0.60	0.58	0.03	NS	
Average Shape Index	0.71	0.72	0.71	0.73	0.70	0.05	NS	

abc= Means on the same row with different superscripts are significantly different (P<0.05) SEM= Standard Error of Mean, LOS= Level of Significance, NS= Not Significant (P>0.05), \*= Significant (P<0.05)

Table 3 shows the internal quality of eggs of birds fed the experimental diet. All parameters observed were significantly (P<0.05) different except for yolk diameter, haugh unit and yolk Index. The values for egg content

weight (ECW), albumen height (AH), yolk height and yolk weight (YW), and yolk Index ranged from 44.53-46.86g, 4.99-5.46cm, 1.59-2.55cm and 11.62-12.88g respectively.

**Table 3:** Internal quality of eggs of layers fed diets containing cashew pulp meal

Parameter	Level of Cashew Pulp Meal %					SEM	LOS
	0	8	16	24	32		
Egg Content Weight (g)	44.53 <sup>bc</sup>	44.89 <sup>b</sup>	46.86 <sup>a</sup>	46.06 <sup>ab</sup>	46.44 <sup>ab</sup>	1.66	*
Albumen Height (cm)	4.99 <sup>b</sup>	5.46 <sup>a</sup>	5.33 <sup>ab</sup>	5.40 <sup>ab</sup>	5.25 <sup>ab</sup>	0.06	*
Yolk Height (cm)	1.59 <sup>bc</sup>	2.55 <sup>a</sup>	1.64 <sup>bd</sup>	1.74 <sup>b</sup>	1.73 <sup>bc</sup>	0.61	*
Yolk Diameter (cm)	2.11	2.12	2.15	2.22	2.26	0.08	NS
Yolk Weight (g)	11.62 <sup>d</sup>	12.23 <sup>c</sup>	12.44 <sup>b</sup>	12.88 <sup>a</sup>	12.87 <sup>ab</sup>	0.54	*
Yolk index	0.76	0.74	0.77	0.78	0.77	0.04	NS
Haugh Unit	105.05	105.00	105.94	106.42	106.85	0.75	NS

abc= Means on the same row with different superscripts are significantly different (P<0.05) SEM= Standard Error Mean, LOS= Level of Significance, NS= Not Significant (P>0.05),  
 \*= Significant (P<0.05)

All haematological parameters evaluated were significantly (P<0.05) different among the treatments except for MCHC. Observed PCV, Hb, RBC, WBC, MCV and MCH ranged

from 27.67-30.67%, 9.33-10.30g/dl, 2.55-2.80x10<sup>6</sup>/l, 222.17-246.83<sup>9</sup>/l, 99.50-117.57fl and 33.50-39.97pg, respectively.

**Table 4:** Haematological parameters of layers fed cashew pulp meal based diets

Parameter	Level of Cashew Pulp Meal %					SEM	LOS
	0	8	16	24	32		
Packed Cell Volume (%)	27.67 <sup>d</sup>	30.00 <sup>b</sup>	28.66 <sup>c</sup>	27.67 <sup>d</sup>	30.67 <sup>a</sup>	0.48	*
Haemoglobin (g/dl)	9.33 <sup>d</sup>	10.20 <sup>a</sup>	9.83 <sup>c</sup>	10.23 <sup>a</sup>	10.30 <sup>a</sup>	0.18	*
Red Blood Cell (x10 <sup>6</sup> /l)	2.79	2.55	2.62	2.80	2.79	0.30	*
White Blood Cell (x10 <sup>9</sup> /l)	239.00 <sup>b</sup>	246.83 <sup>a</sup>	226.43 <sup>d</sup>	233.57 <sup>c</sup>	222.17 <sup>c</sup>	2.84	*
Mean Corpuscular Volume (fl)	99.50 <sup>c</sup>	117.57 <sup>a</sup>	100.00 <sup>c</sup>	109.40 <sup>b</sup>	109.87 <sup>b</sup>	2.88	*
MCH (pg)	33.50 <sup>d</sup>	39.97 <sup>a</sup>	37.47 <sup>b</sup>	36.40 <sup>c</sup>	36.70 <sup>c</sup>	0.80	*
MCHC(g/dl)	33.70	34.03	34.20	33.23	33.33	0.20	NS

Packed cell volume (PCV), Haemoglobin (Hb), White blood cell (WBC), Red blood cell (RBC), Mean corpuscular haemoglobin (MCH), Mean corpuscular haemoglobin concentration (MCHC), Mean corpuscular volume (MCV), <sup>abcde</sup>=Means with different superscripts on the same row differ significantly (P<0.05), SEM=Standard error of mean

The results of serum biochemical profile of the experimental birds are presented in Table 4. Aspartate transaminase (AST) and total protein were significantly (P<0.05) influenced by

the treatments. Observed values ranged from 95.67-131.67 μ/l and 4.26-6.13g/dl respectively.

**Table 5:** Serum biochemical parameters of layers fed cashew pulp meal based diets

Parameter	Level of Cashew Pulp Meal %					SEM	LOS
	0	8	16	24	32		
ALT (μ/l)	3.87	3.92	4.30	4.35	4.37	0.45	NS
AST(μ/l)	95.67 <sup>c</sup>	127.33 <sup>b</sup>	118.33 <sup>d</sup>	126.33 <sup>c</sup>	131.67 <sup>a</sup>	3.7	*
Total Protein (g/dl)	6.13 <sup>a</sup>	5.27 <sup>b</sup>	4.70 <sup>c</sup>	4.83 <sup>c</sup>	4.26 <sup>d</sup>	0.20	*

abc= Means on the same row with different superscripts are significantly different (P<0.05) SEM= Standard Error Mean, LOS= Level of Significance, NS= Not Significant (P>0.05),  
 \*= Significant (P<0.05), ALT-Alanine amino transferase, AST-Aspartate amino-transferase

**3.2 Discussion**

The average egg weight between 50.77-53.39g observed in this study is lower than 63g (Chineke, 2001) [2] but within the range 50.35-54.81g (Oyewole *et al.*, 2019) [8]. Observed egg weight values indicate that CPM inclusion did not adversely affect egg weight, an indication that the birds received sufficient protein from CPM for optimum egg weight. The observed egg height is within the range 3.75-3.99cm reported by Oyewole *et al.* (2019) [8] for layers on cashew pulp meal diets. The observed trend may suggest that CPM promoted longer/taller eggs. The pattern of results obtained for shell weight suggests that the control birds laid eggs with heavier shells, which may indicate lesser weight of edible egg content. Values observed for internal egg quality parameters; egg content weight, albumen height, yolk height and yolk weight suggest that CPM inclusion in the diet resulted in better internal egg quality parameters.

This may indicate that CPM is sufficient in terms of amino acid, soluble carbohydrates, vitamins and minerals required for good quality eggs (Oyewole *et al.*, 2019) [8]. The values for packed cell volume ranged from 26.67-30.67%. Birds on cashew pulp meal based diets had higher values for packed cell volume when compared to the control. However, the range observed is within the 28.67-37.00% for starter broilers fed CPM-based (Oyewole *et al.*, 2017) [9] and also within the range of 24.90-45.20% for healthy birds (Mitruka and Rawnsley, 1977) [7]. The observed values suggest that the birds' health was not compromised by the inclusion of cashew pulp meal in the diets of the birds. Haemoglobin values obtained in this study ranged from 9.33-10.30g/dl and fall within the range of 7.40- 13.10g/dl reported by Mitruka and Rawnsley (1977) [7] for healthy birds. These observed values suggest that the experimental birds received sufficient minerals from the diets, which

enabled the synthesis of haemoglobin required for carbon dioxide and oxygen transportation in the blood. The values obtained for red blood cell (RBC) ranged from  $2.55-2.80 \times 10^6/l$  and fall within  $2.07 \times 10^6/l$  to  $2.86 \times 10^6/l$  obtained with starter broilers on CPM diets (Oyewole *et al.*, 2017)<sup>[9]</sup>. The observed values for WBC ranged from  $222.17-246.83 \times 10^9/l$ . The observed trend for WBC did not suggest any negative effect of cashew pulp meal on the immune synthesis of the birds attributable to CPM. The values for MCV ranged from 99.50-109.87fl. The observed value range fall within the 100-129fl observed by Mitruka and Rawnsley (1977)<sup>[7]</sup> and 97.07-166.45fl reported by Ameen *et al.* (2007)<sup>[11]</sup> for healthy birds. The value range of 33.33-34.20 % observed for MCHC and 36.40-39.97pg for MCH are within reference ranges for healthy birds (Mitruka and Rawnsley, 1977)<sup>[7]</sup>. The observed MCHC, MCH and MCV values did not suggest that the birds were anaemic. All biochemical parameters observed for layers fed diets containing cashew pulp meal were significantly different ( $P < 0.05$ ) except for ALT. The value for ALT ranged from 3.87-4.37  $\mu/l$ . This is an indication that birds on CPM did not suffer liver damage due to the treatments. The value for AST ranged from 95.67-131.67  $\mu/l$ . The observed value range is comparable to 115.00-121.33 $\mu/l$  reported by (Oyewole *et al.*, 2017)<sup>[9]</sup> for starter broilers fed cashew pulp meal based diets. The values for total protein ranged from 4.26-6.13 g/dl and decreased as the inclusion of cashew pulp meal in the diets increased. Observed total protein values may suggest that the protein quality CPM based diets was poorer than maize based diet (control).

#### 4. Conclusion

Inclusion of cashew pulp meal (CPM) did not compromise the external and internal quality characteristics of egg even at 32% replacement of maize; neither did it affect the health of the birds adversely. Farmers may include replace up to 32% of dietary maize with cashew pulp meal in layer diet.

#### 5. References

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